

# ULSTER ELITE SENIOR AMATEUR BOXING CHAMPIONSHIPS 2009

**Entries:** These **Must** be received by the Hon. Secretary by Saturday 21 March 2009.

**Medical & Weigh-In** Will take place on Saturday 28 March at 10.00am-11.00am

At the following venues:-

**Dockworkers Social Club, Pilot Street, Belfast.**

**Clonoe ABC, Coalisland, Co. Tyrone.**

**Ring ABC, Brooke Park, Derry.**

**Medical Record Cards must be produced at the Weigh- In.**

**Boxers must advise the Doctor of any Medication which they are taking or have taken during the previous four weeks.**

**Boxers must present themselves Clean Shaven at the Weigh – In and on the days they are required to box.**

## **Draw**

On receipt of entries from the three venues the Draw will take place in the Dockworkers Social Club at approx 12 noon on Saturday 28 March.

**Preliminaries:** In the Dockworkers Social Club, Monday 30 March & Tuesday 31st March at 8.00pm. Weigh- In 7.00pm – 7.45pm.

**Semi- Finals:** In the Dockworkers Social Club Wednesday 1<sup>st</sup> April and Thursday 2nd April at 8.00pm. Weigh- In 7.00pm – 7.45pm.

**Finals:** Ulster Hall, Belfast.

Thursday 23 April 2008 at 7.45pm. Weigh-In 7.00pm – 7.30pm.

Morning Weigh – In (**by request only**) for Prelims, Semi- Finals and Finals at all three initial Weigh-In venues. 7.15 am – 8.00 am.

**Entry Fee:** £5.00 per Boxer to be paid at initial Weigh – In.

**Coaches:** Must wear Whites or Track Suits and supply own sponge / spray and endeavour to set a high standard of hygiene in the corners

Boxers may wear their Club colours provided they also wear a Red or Blue Headguard for the appropriate corners, otherwise Red or Blue Vests must be worn.

**Weights: 48kg, 51kg, 54kg, 57kg, 60kg, 64kg, 69kg, 75kg, 81kg, 91kg, & 91+kg.**

**ALL CONTESTS 3 X 3 MINUTE ROUNDS.**

**PLEASE DISPLAY THIS CIRCULAR ON THE CLUB NOTICE BOARD**

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